

For Immediate Release

Deepak Chopra Launches Chopra Online Featuring New Online Experiences and Courses for Mind-Body Wellness, Personal Growth, and Global Transformation

Chopra Online is part of Deepak Chopra's mission to inspire 100 million people to change the world, one personal transformation at a time.

Carlsbad, CA — (January XX,) —Deepak Chopra today announced the launch of Chopra Online, created with the vision of helping people throughout the world live happier and healthier lives. With experiences and courses led by Chopra Center co-founder Deepak Chopra, M.D. and other renowned teachers, Chopra Online will provide a global audience with immediate access to the most powerful tools and teachings for mind-body health, thriving relationships, workplace wellbeing and success, and transformation from the inside out.

Registration for the Chopra Online community is currently open. Future students can sign up at Chopra-Online.com and be the first to receive news and updates about upcoming Chopra Online experiences.

“I feel passionate about the mission and purpose of Chopra Online, which is to help as many people as we can to experience their full potential for vibrant health, emotional wellbeing, loving relationships, true fulfillment and success, creativity, peace, joy, and the expansion of awareness,” said Dr. Chopra.

“Scientific research shows that it takes as little as one percent of a population to create positive change on a global scale. With Chopra Online, we want to reach this critical mass and inspire at least 100 million people to create lasting, personal transformation that will move the planet in the direction of peace and wellbeing.”

Chopra Online will offer a rich variety of interactive experiences, accredited courses, live events, and other online programs that students will be able to access anytime

from anywhere in the world using their smart phones, computers, or other mobile devices.

Chopra Online's rich curriculum and content will include the Chopra Center's core teachings in meditation, yoga, Ayurveda, and other mind-body wellness practices, as well as online experiences based on some of the Chopra Center's most popular live events, such as SynchroDestiny - a five-week experience designed to help people manifest their deepest desires and intentions. Chopra Online's inaugural courses, SynchroDestiny and Life Wisdom: Discovering Ayurveda, will launch this coming March.

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About Chopra Online

Chopra Online brings the powerful teachings of the Chopra Center direct to you. You can access Chopra Online's experiences for mind-body health, personal growth, and transformation anytime, anywhere from your smart phone, computer, or other mobile devices.

Register for Chopra Online and begin your own journey of transformation from the inside out ([link](#)).

About the Chopra Center

The Chopra Center for Wellbeing was founded by Deepak Chopra, M.D. and David Simon, M.D. in 1996. Located in Carlsbad, California, the Center offers a wide variety of programs, retreats, and teacher training programs that integrate the healing arts of the East with the best in modern Western medicine. The Chopra Center has helped millions of people around the world find peace of mind, physical balance, and emotional healing. Chopra-Online.com is your starting point on the path to wellbeing.

About Deepak Chopra, M.D., F.A.C.P.

Founder of the Chopra Center for Wellbeing

Deepak Chopra, M.D. is the author of more than 65 books, including numerous *New York Times* bestsellers. His medical training is in internal medicine and endocrinology, and he is a Fellow of the American College of Physicians, a member of the American

Association of Clinical Endocrinologists, and an adjunct professor of Executive Programs at the Kellogg School of Management at Northwestern University. He is also a Distinguished Executive Scholar at Columbia Business School, Columbia University, and a Senior Scientist at the Gallup organization. For more than a decade, he has participated as a lecturer at the Update in Internal Medicine, an annual event sponsored by Harvard Medical School's Department of Continuing Education and the Department of Medicine, Beth Israel Deaconess Medical Center.